



# Wii Game Technology for Music Therapy: A First Experiment with Children Suffering from Behavioral Disorders

Samuel Benveniste, Pierre Jouvelot

{samuel.benveniste, pierre.jouvelot}@mines-paristech.fr

MINES ParisTech – CRI

### Renaud Michel

renaud.michel@univ-paris5.fr

Paris V – Institut de psychologie

# Music Therapy



### Large audience

- Psychological disorders (autism, instability...)
- •Neurological disorders (Alzheimer, Parkinson...)
- Adverse effects reduction

### **Proven efficiency**

- Case studies, test-retest methods
- Application in hospitals

# **Active Analytic Group Music Therapy** (Priesley,Lecourt)

### Related Work









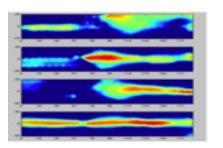


CAMTAS, MIDICreator/Grid
U. of York



**PDWii, Remission**Games for Health





**MTTB**U. of Jyväskylä

# **Motivations**



### Motivational power of video games

### **Design of therapeutic electronic instruments**

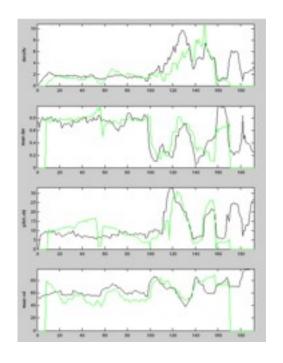
- By the patient
- By the therapist

### Data collection and analysis

- •MIDI
- Interaction logs

### **Management of therapeutic sessions**





# Technology





### Wiimote

- •3 accelerometers
- •IR sensor
- Buttons and stick

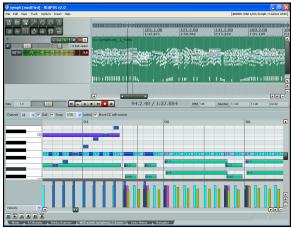
### **Sound synthesis**

- •MIDI
- •XV-2020, software synthesizer
- •Hi-Fi stereo system

### **Software**

- Glovepie
- ·Cubase, Reaper





# System Design



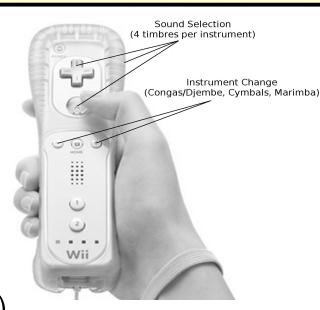


### Goals

- Intuitive
- Robust
- Rich (exploration)

### UI

- •2 Wilmotes per patient
- Percussion-like triggering (5 volume levels)
- •Instrument change (+, -)
- Sound selection (∅, A, B, D-pad)







### **Sounds**

- •3 instruments: Congas/Djembe, Cymbals, Marimba
- •4 timbres per instrument



# **Experiment Set-up**





### **Participants**

- Children from 6 to 11 with behavioural disorders (after-school mental health hospital)
- •E. Lecourt (Paris V): Sonorous Communication
- •R. Michel (Paris V): design, treatment
- •P. Jouvelot (CRI): design
- •S. Benveniste (CRI): design, implementation

### **Protocol**

- •4 groups of 2 or 3 children under treatment with MT
- •Welcome, explanation
- •1 SC session per group



# Results (1)



### **Cultural and motivational aspects**

- Increased self-esteem
- "What can we change?", "Remove this button", "I'm like a real musician on TV"
- Appealing technology
- "Whoa, the Wii!", "It's magic!", "Thanks for the Wii"
- New capabilities

"There are several musics (sic)", "Call it the Catalogue", "Where's my derbuka?"

### **Usability**

- Difficult navigation
- Intuitive triggering
- Added freedom (dancing, system "tricking")

"Here, I'm doing it with the wrist"

# Results (2)



### Individual psychodynamical aspects

- No violent acting-out
- Lack of corporality has no impact
- Symbolization and representation enabling

"It sounds like it's running", "I'm playing like a beating heart"

### **Group psychodynamical aspects**

- Easily shared common pulse
- Collaborative exploration

"You changed the volume", "You're playing too loud!",

- "Look at me; you can do it like this"
- Identification
- "That's me!"

# **Future Work**





### Sound space exploration

- •One year with the same children (~10)
- Same UI, new sounds (sampled or purely synthetic)
- ·Sonorous History map

### **Design space analysis**

- •E. Lecourt's M.S. MT students (~10)
- New instrument controls (based on real ones or not)
- •Language, guidelines and tools for instrument design

### **Data analysis**

- Control group ("normal" children)
- Collected MIDI data (MTTB, Beatroot)
- Movements (silent play)

# Conclusion



### **MAWii System for music therapy**

### Proof-of-concept experiment in a day-care mental health hospital

- Robust design and implementation
- Good acceptance by patients
- Promising signs of therapeutic value

Therapeutic impacts of patient-centric digital instrument design using video game technology